

Downlands Dash 12/06/2016				Results	Mens 10K	
Position	Race Number	First Name	Surname	AgeCat	Club	Time
1	227	Jack	Shayler	MJ	Eastfield Eagles	00:38:22
2	205	Kit	Lau	M35		00:39:25
3	152	Miles	Copeland	M35		00:40:01
4	221	Ian	Forrest	M40		00:40:34
5	213	Edward	Dodwell	M55	Reading Roadrunners	00:41:42
6	136	Jon	Crowley	MO		00:42:11
7	135	James	Paisley	MO		00:42:29
8	231	Chris	Pudney	M50	Newbury AC	00:42:47
9	206	Simon	Hall	MO	Totton RC	00:43:01
10	207	Paddy	Gillies	M35		00:43:25
11	232	Neil	Phillips	M40		00:44:18
12	116	Andrew	Wardle	M50		00:44:35
13	166	Andy	Low	M40		00:45:02
14	235	Kenny	Lambert	MO		00:45:53
15	222	Richard	Savage	M50	Eastfield Eagles	00:45:54
16	240	Jon	Williams	MO		00:46:15
17	124	Will	Alexander	MO		00:46:28
18	229	Alan	Haresnape	M45		00:46:40
19	164	Nicholas	Adley	M35	Reading Roadrunners	00:47:57
20	220	Phillip	Mortonson	M60		00:48:06
21	196	Philippe	Marchioro	M45	PASS RUNNING	00:48:19
22	165	Carl	Salmon	M45		00:48:50
23	114	George	Wilkins	M35	Compton Harriers	00:49:05
24	146	Steve	Bourke	M50	Sydney Striders	00:49:30
25	214	Simon	Neal	M40		00:49:44
26	134	Redmond	Carroll	MO		00:50:02
27	188	George	Westall	MO		00:50:14
27	210	MATTHEW	HEARN	M40		00:50:14
29	211	ANTHONY	VINES	M60		00:51:23
30	189	Mark	Westall	M50		00:51:33
31	238	Adam	Humphrys	MO		00:51:34
32	233	Ben	Long	M35		00:52:14
33	145	Huw	Griffiths	M55	Newbury Runners	00:52:58
34	161	Oli	Griffiths	M55		00:53:53
35	185	Stan	Smith	M45		00:54:02
36	160	James	Anderson	M35		00:54:11
37	194	David	Stephenson	M35		00:54:52
38	237	Lee	Moss	M35		00:54:55
39	179	Chris	Mabbatt	M40		00:55:02
40	226	Mark	Shayler	M45	Eastfield Eagles	00:55:04
41	201	Craig	Donaldson	M40		00:55:09
42	193	Steve	Potter	M40		00:55:33
43	183	John	Harris	M35		00:55:34
44	198	John	Betts	M65	Chichester Runners	00:55:44
45	197	David	Brock	M45		00:55:45

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46	190	Richard	Mountain	M40		00:55:47
47	153	Christopher	Lawrence	MO		00:56:16
48	209	Matt	Foot	M35		00:56:36
49	208	Kevin	Williams	MO		00:56:39
50	149	Chris	Bygrave	M35		00:56:40
51	177	Jonathan	Puddle	M35		00:56:44
52	132	David	Mumby	M35		00:56:46
53	199	Pete	Smith	M50		00:56:47
54	121	Jeremy	Newton-Mold	M65		00:56:54
55	163	Jeremy	Ellis	M40		00:57:10
56	120	Nick	Martin	M40		00:57:21
57	118	Steve	Buley	M50		00:57:23
58	122	Ross	Clark	MO	Fatty and Clatty	00:58:59
59	191	Mel	Gibson	M70		00:59:33
60	112	Tim	Marsters	M40		00:59:36
61	173	John	Styles	M50	Abingdon AC	01:00:08
62	148	Derek	McAllan	M50		01:00:16
63	170	Mark	Pinfold	M40		01:00:18
64	154	Andy	Quelch	MO		01:00:21
65	175	Gary	Hawkins	M35		01:00:33
66	180	Darren	Saunders	M40		01:00:53
67	168	Stuart	Poole	MO	Hermitage Joggers	01:01:14
68	143	Neil	Wheeler	MO	Marlborough	01:02:00
69	131	Dan	Neate	MO		01:03:01
70	178	Alex	Fletcher	M40		01:03:02
71	158	Robert	Ward	MO		01:04:56
72	108	John	May	M40		01:05:23
73	130	David	Edmondson	M40		01:09:56
74	105	Carl	Pettman	M55		01:13:14
75	106	John	Baigent	M55		01:13:15
76	126	Tim	Hubbard	M55	Hatch Warren Running Clu	01:13:55